

# B.S. in Interdisciplinary Studies

In addition to those majors offered in the regular college curriculum, students may design an interdisciplinary (multi-disciplinary or cross-disciplinary) studies major.

Before being fully accepted to the interdisciplinary studies major, the student discusses his/her academic and career goals during the admission process. After thoroughly exploring current degree and course options with the Sage After Work academic advisor, students may then select the interdisciplinary studies program.

The interdisciplinary studies program provides students with the flexibility to tailor their educational experiences at Sage to meet both personal and professional objectives. Students in this major design and propose with faculty advisors their own individualized undergraduate degree program.

**Proposal Requirements:** The proposal should integrate a meaningful selection of courses from two or more academic disciplines. The proposal must contain at least 18 credits each, in at least two disciplines. In one discipline the student must complete 18 credits of coursework at the 300-level or higher *at Sage*. The minimum number of credits required in major is 39 credits.

In addition to the course work that will make up the interdisciplinary major, students must also satisfy general education requirements and accumulate at least 60 credits in the liberal arts.

## **Complete Your Degree**

The B.S. degree in Interdisciplinary Studies enables students who enter this program with 40 to 90 credits to complete their degree. Chances are you already have completed some college-level work and are prepared to pursue a four-year degree. Most required introductory level courses may have been completed and only need to be transferred in. If that is not the case, a Sage academic advisor will describe convenient

alternatives for completing these courses. This innovative program provides working adults with a flexible and convenient way to fulfill their college dream.

## **Sage After Work is:**

- A degree completion program through Sage College of Albany. Students enter the program with a minimum of 40 credits.
- An especially attractive choice for students who need to work while completing their education.
- Sage After Work's continuous schedule and variable class formats reduce classroom time but provide more educational support than online-only programs.
- Classes are offered year-round and students can begin at any time. However, for some programs, starting with the fall term is recommended.
- Courses are offered in the evenings and on weekends, and seven-week long modules.
- Hybrid or blended class formats utilize online components that allow students to spend less time on campus — without sacrificing the faculty support that helps students achieve their degrees.
- Sage After Work courses are taught by full-time Sage faculty and by adjunct professors who are practitioners in their fields and leaders in the community.

Sample major outlines a student interested in a career in human resources and training using disciplines of business and psychology.

**Business & Psychology**

**Business, 18 credits**

- BUS 308 Human Resources Management\*
- BUS 324 Business Strategy I\*
- BUS 325 Financial Management\*
- BUS 330 Play and Work\*
- BUS 348 Special Topics\*
- BUS 420 Organizational Development\*

*\*Taken at Sage*

**Psychology, 18 credits**

- PSY course
- PSY course
- PSY course
- PSY course
- PSY course
- PSY course

**Senior Project, 3 credits\***

BUS 424 or PSY 405

\*Choose one with advisement

**Total Major Credits**

**39**

**Psychology & Business**

**Psychology, 18 credits**

- PSY 304 Counseling\*
- PSY 308 Abnormal Psychology\*
- PSY 319 Group Dynamics\*
- PSY 326 Health Psychology\*
- PSY 327 Environmental Psychology\*
- PSY 417 Motivation in the Workplace\*

*\*Taken at Sage*

**Business, 18 credits**

- BUS course
- BUS course
- BUS course
- BUS course
- BUS course
- BUS course

**Senior Project, 3 credits\***

BUS 424 or PSY 405

\*Choose one with advisement

**Total Major Credits**

**39**

**Sage After Work Admission Office:**

Administration Building, First Floor  
 140 New Scotland Avenue  
 Albany, NY 12208  
 (518) 292-8615 ▪ [sageafterwork@sage.edu](mailto:sageafterwork@sage.edu)  
[www.sage.edu/saw/admission](http://www.sage.edu/saw/admission)

**Office Hours:**

- Monday-Thursday until 7 p.m.
- Fridays until 8 p.m.
- Saturdays from 8:30 a.m. to noon  
*Evening consultations by appointment*

**Program Contact:**

Karen Schell  
 Program Coordinator, Interdisciplinary Studies  
 Kahl Campus Center, lower level, Albany  
 518-292-1719  
[schelk@sage.edu](mailto:schelk@sage.edu)