

Sage Graduate School &

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Disability Services

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present



THE HITCHHIKER'S GUIDE TO PLANET EARTH: PLAY THERAPY TOOLS FOR KIDS WHO DON'T FIT IN

presented by Brenda L. Bierdeman, Psy.D., CPT-P

About the Presenter

Dr. Barbara Bierdeman is a New York State Licensed Clinical Psychologist. She brings over twenty-five years of experience to her practice of assessing and treating children, adolescents, and adults. She holds advanced degrees from both Illinois School of Professional Psychology and Asbury Theological Seminary, and is an IBECP Certified Play Therapist- Professor Level (CPT-P) and member of the Association for Play Therapy. Dr. Bierdeman has presented workshops and lectured across the United States, Canada, and Central America.

About the Workshop

Children with neurological disorders such as ADHD, Autism Spectrum Disorders, Tourette's Syndrome, and PDD often feel as though they live on the wrong planet. They don't understand societal norms, have sensory integration problems, and may struggle with self-regulation. As a result, they often have difficulties with peers, which can lead to behavior problems or depression.

This workshop will provide the play therapist with multi-sensory techniques that can be successfully used to teach these sensitive children social skills, understanding of non-verbal communication, modulation of eye-to-eye gaze, and personal space. Strategies that can be used to help these children learn to manage their anger and reduce anxiety, stand up to bullies, and more will be presented. The participant will also learn tips on how to more accurately interpret acting out behaviors and self-stimulation, differentiate negative behavior from self-regulation or cuing, and incorporate sensory integration strategies into play therapy techniques.

The workshop format will be interactive and playful. Presentation of didactic information will be alternated with opportunities to play the games and practice the interventions being taught. A practice oriented format will be used throughout this workshop, so that participants will be able to leave with knowledge that can easily and economically be put directly into their play therapy practices.



Friday, November 7, 2008

Registration: 8:30 – 9:00 AM
Training: 9:00 AM – 4:30 PM

Sage College of Albany
Kahl Campus Center, Room 224
140 New Scotland Avenue
Albany, NY 12208

*AM & PM Refreshments will be served,
Lunch however, is on your own.*

*Conference room temperature fluctuates. Please
dress accordingly and bring a sweater or jacket.*

Registration

Fees:

\$110.00 Conference Fee
\$ 85.00 for Full-time Students
(with valid Student ID)

Payment:

Please make checks payable to “The Sage Colleges”

PLEASE NOTE:

We cannot accept Credit Card payments by email or fax

Mail the following form to:

The Play Therapy Program
Clover Patch Programs
55 Helping Hand Lane
Glenville, NY 12302
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