

Psychology

Be a psychology major at Sage and discover...

Where you'll go...

Psychology will take you on the most fascinating journey of all: the exploration of the human mind and behavior. Psychologists can work at an individual, group, organizational and community level—and in a variety of work settings; people who work in the field of psychology are frequently known by another title, such as counselor, career consultant and human resources manager. They apply their knowledge to assess, diagnose, treat and, ultimately, prevent problems that are part of the human condition. And they help to transform lives.

A degree in psychology from Sage will prepare you well for work in a wide array of fields in health and human services, education, business and industry. Sage will give you the grounding from which to explore your interests and talents, molding your desire to understand people and help them accomplish their goals into an exciting, rewarding career.

What you'll do...

See yourself...

- Counseling individuals and families in non-profit agencies or in private practice.
- Performing research that will increase our understanding of behavior and improve lives.
- Working with students individually or in groups in grades K-12, or as a counselor at a college or university.
- Serving in human resources departments in business, industry and government.
- Educating the public through the media.

Wherever you go and whatever you do, you'll be in demand for your knowledge, expertise and commitment to making a difference.

At Sage you'll...

Engage in guided research with faculty through Independent Studies, the Psychology Seminar or the Honors Research program.

Explore career possibilities through one or more internships and gain hands-on, practical experience.

Have the opportunity to stay at Sage for a master's degree in a related field, such as Counseling and Community Psychology, Guidance and Counseling, or Human Resources.

Combine Psychology with popular majors/minors in Sociology, Criminal Justice, Nutrition, Creative Arts and Therapy or English.

How you'll get there...

Here are the requirements you will meet to earn a bachelor's degree in psychology.

Psychology core requirements (14 credits)

Introduction to Psychology
Statistics with Computer Applications
Experimental Psychology
Proseminar in Psychology
History & Systems of Psychology

Basic Aspects: select at least two (6 credits)

Biopsychology
Social Psychology
Learning
Motivation
Personality
Theory
Cognition

Normal and Abnormal Development: (6 credits)

Human Development OR
Childhood and Adolescence OR
Adolescence, Adulthood, and Aging
Abnormal Psychology

Specialized Inquiries : select at least two (6 credits)

Educational Psychology
Principles and Applications of Language
Counseling: Theory and Practice
Psychology of Disability
Psychology of Women
Group Counseling
Health Psychology
Selected Topics in Psychology
Internship



Capstone Course: select one (3 credits)

PSY 403 Seminar

PSY 411

Honors Project (by invitation)

About the Faculty

The diverse and talented members of the Sage faculty are highly credentialed academicians and dedicated teachers who are also authors, researchers, practitioners, and leaders in their fields. They encourage, challenge, and support Sage students and provide programs of study that connect the classroom to the world beyond campus.

Russell Sage College—Women of Influence

At Russell Sage College women are encouraged to take risks, discover their strengths, and apply what they've learned to improve the world around them. Women dominate every class discussion, run student government and the campus newspaper, and win all the academic prizes and scholarships. But, that doesn't mean Sage is a campus without men or without the potential for an active social life; it means that in the classroom, in the lab, on the playing field, and beyond, Russell Sage students are free to be their most intelligent, creative, determined, successful selves.

Be. Know. Do.

Russell Sage College was founded in Troy in 1916 by suffragist Margaret Olivia Slocum Sage, with the guidance of Eliza Kellas, head of the college preparatory Emma Willard School (also located in Troy). Together they founded Russell Sage College as a "school of practical arts," one of the very first institutions to offer women the means of economic and social independence through preparation for professional careers.

Sage remains one of the only women's schools in the country that require a women's studies curriculum. Through two courses -- Women in the World and Women Changing the World -- you'll come to understand how women throughout history have struggled, adapted, changed, and flourished. This historical backdrop will lay the groundwork for your self-discovery as a woman in today's world. Sage's Early College program is one of only two in the country designed for early college entry by outstanding young women in high school.

Inspiring Women

Inspirational women of influence have studied at and visited Russell Sage College. As a Sage student, you will learn by their courageous examples. Eleanor Roosevelt was the first person to receive an honorary degree from Sage; Senator Hillary Rodham Clinton has visited campus; Anita Roddick, activist, author, and founder of *The Body Shop*, has delivered the Commencement keynote; biologist and theorist Dr. Lynn Margulis was a Geneva Sayre lecturer at Sage; and activist Angela Davis, author and poet Maya Angelou, former U.S. Surgeon General Antonia C. Novello and artist Faith Ringgold have all visited.

At Russell Sage, women of all ages and backgrounds can gain a strong vision of their own power and potential. At Russell Sage, everything is possible.

For information about admission to Russell Sage College, please contact us at:

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