

ALCOHOL IMPAIRMENT CHART

**NEVER
DRINK
AND
DRIVE**

APPROXIMATE BLOOD ALCOHOL PERCENTAGE											
Drinks	Body Weight in Pounds										
	90	100	120	140	160	180	200	220	240		
0	.00	.00	.00	.00	.00	.00	.00	.00	.00	.00	ONLY SAFE DRIVING LIMIT
1	.05	.05	.04	.03	.03	.03	.02	.02	.02	.02	Impairment Begins
2	.10	.09	.08	.07	.06	.05	.05	.04	.04	.04	Driving Skills Affected
3	.15	.14	.11	.10	.09	.08	.07	.06	.06	.06	Possible Criminal Penalties
4	.20	.18	.15	.13	.11	.10	.09	.08	.08	.08	
5	.25	.23	.19	.16	.14	.13	.11	.10	.09	.09	
6	.30	.27	.23	.19	.17	.15	.14	.12	.11	.11	Legally Intoxicated
7	.35	.32	.27	.23	.20	.18	.16	.14	.13	.13	— Criminal Penalties
8	.40	.36	.30	.26	.23	.20	.18	.17	.15	.15	
9	.45	.41	.34	.29	.26	.23	.20	.19	.17	.17	
10	.51	.45	.38	.32	.28	.25	.23	.21	.19	.19	

Your body can get rid of one drink per hour.
Each 1½ oz. of 80 proof liquor, 12 oz. of beer or 5 oz. of table wine = 1 drink.



Russell Sage College