

Mental Health Services for Veterans:

Healing

from a Holistic Perspective

Veterans WEEK

Friday, November 12
9 a.m. - 3:45 p.m.

Bush Memorial
The Sage Colleges, Troy, NY

A Community Clinical Mental Health Conference

Join us in conference with mental health professionals interested in working with veterans on mental health issues.

Interdisciplinary speakers will present a variety of topics including therapeutic, spiritual, and practical approaches for treating complex issues confronting veterans as they reintegrate into an ever-changing societal landscape.



Keynote Speaker:
Edward Tick, Ph.D.

Dr. Ed Tick, internationally recognized educator, and expert on veterans, Post-Traumatic Stress Disorder, and the psychology of military-related issues

Honored for his groundbreaking work in the holistic and community-based healing of veterans and PTSD, Dr. Ed Tick is a gifted healer, teacher and guide specializing in using psycho-spiritual, cross-cultural, and international reconciliation practices to bring healing to veterans, communities and nations recovering from the traumas of war and violence. He is Founding Director of Soldier's Heart: Veterans' Safe Return Programs. A psychotherapist for 33 years, he is the author of *Sacred Mountain, The Practice Of Dream Healing, The Golden Tortoise, Wild Beasts and Wandering Souls* and the award-winning book *War And The Soul*.

Agenda

9 - 10:15 a.m. Keynote Address

War & the Soul: Transforming PTSD from Wound to Blessing, Edward Tick, Ph.D.

10:30 - 11:45 a.m. Morning Concurrent Sessions

(1) Mindfulness for the Treatment of PTSD

Oona Edmands, LMSW, EMDR II, Psychotherapist and meditation instructor in private practice

(2) Joining Veterans in Treatment

Jemal Doute, LMFT, Licensed marriage and family therapist in private practice counseling veterans

(3) Psychodrama for Healing

Larry Winter, LMHC, Published poet, group psychotherapist and Director of Veterans Treatment, Four Winds Hospital, Katonah

(4) Current Behavioral Health Issues of Veterans Presenting in Primary Care

Jamie Ellis, MS, NPP-BC, Psychiatric nurse practitioner in Behavioral Health at Upper NY Veterans Health Center

12 - 1 p.m. Lunch

Featured Speaker: David Soares, Albany County District Attorney
Veterans' Courts



1:15 - 2:30 p.m. Afternoon Sessions

(1) Treatments for PTSD

Charles Kennedy, Ph.D., Clinical psychologist, Upper NY Veterans Health Center

(2) Using Motivational Interviewing with Veterans

Raymond Hare, LCSW-R, Psychotherapist social worker, St. Peter's Hospital
Sean Tuckey, MA, CASAC, Crisis Care Coordinator, Upper NY Veterans Health Center

(3) Working with Military Couples and Families

David Olsen, LCSW-R, LMFT, Ph.D., Executive Director of Samaritan Counseling Center of the Capital Region

(4) Sleep Counseling for Insomnia with PTSD Sufferers

Richard Madden, LCSW, Ph.D., Licensed certified social worker, LifePsyche, Behavioral Health/ Center for Sleep Counseling Studies

2:45 - 3:45 p.m. Closing Remarks

Discussion with presenters, Moderated by Edward Tick, Ph.D.

RSVP

Mental Health Services for Veterans: Healing from a Holistic Perspective

RSVP by November 1, 2010 to secure your spot. Yes! I will attend.

Name _____
Address _____
Phone _____ E-mail Address _____

Please indicate preferred session by number:

Morning Session First Choice _____ Second Choice _____

Afternoon Session First Choice _____ Second Choice _____

Conference fee, including lunch: \$90 (\$110 after November 1st)

Register & submit payment online at: www.sage.edu/veterans

Or mail registration & payment to: Jane Howard, The Sage Colleges, Gurley Hall, 65 First St., Troy, NY 12180; Phone: 518-244-2221

Credit Cards (circle one): AmEx Mastercard Visa Discover

Card Number _____ Expiration Date _____

Cardholder Name _____ Signature _____

Please make checks payable to: The Sage Colleges

E-mail: veteransweek@sage.edu

Continuing Education Certificates will be available to participants

The Sage Colleges

New York Association for
Marriage and Family Therapy

NYAMFT



Proudly co-sponsored by
The Sage Colleges,
New York Association for
Marriage and Family Therapy,
and
Samaritan Counseling Center
of the Capital Region