Russell Sage College



April 2017

The Sage College

Dear Family Members:

By the time this reaches you, we hope that our weather has turned more spring-like! We are in the midst of preparations for our end-of-year events: Honors Convocation, Honor Society inductions, Undergraduate Research Day, Baccalaureate, and finally— Commencement! These events provide opportunities for our students to delve deeper into their studies and celebrate their successes. We hope you will join us on campus for these events if your students are participating.

In many ways, April brings the same excitement and stresses that students may have experienced back in November. While many are starting to realize the fruits of their labors, others may be feeling overwhelmed or anxious about all of the work that still lies ahead in these few remaining weeks of classes. Please be sure to remind your students that they are not alone and that there are many resources on campus to help them make it through these last few weeks of the semester.

- The Wellness Center in Kellas Hall has a nurse practitioner on staff who can assist resident & commuting students who are struggling with medical issues, along with several counselors who can work with students on a one-time or regular basis to address anxiety, depression, & other mental health concerns.
- The Academic Support Center has a large team of peer tutors, along with professional staff, on the third floor of the library who can provide additional support to students who need help with understanding course content or editing a paper.
- Faculty are our best resource and they are available to assist students in need. If a student is struggling in a course or with an assignment, their faculty member should be their first stop. Remind students that it is better to ask questions early and not wait until the last minute, but if a last minute issue arises, it is best to be honest and upfront with their faculty member and ask for support.

There are numerous other resources available on campus, including the offices of Advisement, Disability Services, Financial Aid, the Registrar, Residence Life, and Student Accounts. As always, please feel free to contact the deans' offices with any questions or concerns, too. Our contact information is below.

With warm regards,

Deb Lawrence Dean of Russell Sage College 518-244-2466 <u>lawred@sage.edu</u> Stacy Gonzalez Dean of Students 518-244-2207 gonzas@sage.edu

We want to hear from you!

Go to <u>www.sage.edu/parent</u> to complete a Brief Survey

After April 2017 newsletters will only be distributed electronically to those who have provided a valid email addresses. Sign up today at <u>www.sage.edu/parent</u> and provide an e-mail address where we can send future newsletters and updates from the Deans.



Upcoming Events

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TIS Presents: Radiance Schacht Fine Arts Center

April 5 - 15

Earth Day Celebration April 17

Sage's Centennial Time Capsule Event April 20

Senior Class Dinner April 20

Slippin' out of the Semester Bash April 21

Sage Athletics Awards Banquet Albany Country Club April 30

Tips from Carleen Pallante, Dtr. of Career Planning

Top 5 Summer Activities to Make Students More Marketable

Summer is a great time for students to reflect on the past academic year and revisit career goals. These activities below can help them get started!

1. Network with Professionals

- Meet with professionals/alumni in your field of interest.
- Treat every new environment as a networking opportunity.
- 2. Develop Transferrable Skills
 - Research essential skills for your job/industry of interest at onetonline.org.
 - Start a new hobby, project, or volunteer over the summer to further develop your passions and skills.

3. Check-in with Social Media

 Clean up your online image on all your accounts. Search for yourself online like you were an employer. Delete any photos, comments or tags that don't shine a positive light on your professional image.

4. Reflect on Your Academics

- Read a book or journal articles, attend a conference/meeting in your field of interest to do your own career research & educate yourself on industry trends.
- Reach out to your professors through thank you notes/requests for letters of recommendation to get ahead and maintain your connection to your academics.

5. Visit the Office of Career Planning

 Career Planning is open over the summer! Students can revamp their resumes & cover letters, prepare for job/grad school interviews, or search for jobs.
Visit: <u>www.sage.edu/student-life/career-planning</u> or Email troycareerplanning@sage.edu or call 518-244-2272.

Supreme Court Justice Sonia Sotomayor's History Making Visit to Campus

The Sage Colleges was thrilled to welcome Supreme Court Justice Sonia Sotomayor to campus on Tuesday, April 4 for an hour long question and answer session. More than 1,000 students, faculty, staff, trustees, and alumni packed the Schacht Fine Arts Center. Many remarked about Sotomayor's humility and inspiring story. Several lucky students were selected to ask their questions directly to Justice Sotomayor. Sotomayor took the time to answer each question with great candor and insight, while roaming throughout the auditorium, shaking hands, taking photographs, and even sharing hugs with several audience members. She shared intimate stories about her life, and provided guidance in response to one of the student's questions about how the Supreme Court justices can serve as an example for the country about how individuals can collaborate with others who share different beliefs. Sotomayor noted the "shared obligation" that we have to work together with the "understanding that basically each of us shares passion about the same thing: the work we're doing." At the conclusion of the event, Justice Sonia Sotomayor was awarded an Honorary Doctorate of Public Service from the Sage Colleges, making her an honorary "Gator" for life. A few randomly selected students and staff were also privileged to share lunch with the Supreme Course justice at Vail House, the residence that President Scrimshaw shares with her husband. All in all, the visit made for a spectacular experience that none will soon forget. A Russell Sage College junior summed up the experience by saying, "This has been the coolest thing that's happened to me so far." Few audience members would disagree.



End of Year Events

Along with Commencement, we have many important events that take place over the next few weeks. Graduating students and families can seek more info at: <u>www.sage.edu/commencement</u> re: specific events for graduates.

RSC Honors Convocation April 19

Undergraduate Research Symposium April 26

Last Undergrad Class Day April 28

Deans' 11th Hour Pancakes April 30

Reading Day May 1

Final Exams May 2-5

Nursing Department Pinning Ceremony May 12

RSC Baccalaureate May 12

Sage Commencement May 13

