



# Esteves School of Education

at The Sage Colleges

Master of Science

## School Health Education

*Program of Study for Candidates with Initial Certification*

Name  
Address

Home Phone:  
Cell Phone:  
E-mail:

Acceptance:            Regular                                   Provisional

Admission Provisions:

### Prerequisites (12 credits)

- Anatomy and Physiology  3
- EDU 201 Education and Society (25 hours of fieldwork required)  3
- EDU 206 Educational Psychology (25 hours of fieldwork required)  3
- PSY 570 Developmental Psychology or equivalent  3

### Phase I: Core Courses (12 credits)

- HED 558 Foundations of Health Education (25 hours of fieldwork required)  3
- EDU 507 Responsive Teaching – Valuing all Learners  3
- EDU 545 Technology in Literacy  3
- HED 508 Personal Behavior Choice  3

### Phase II: Wellness Concentration (12 credits)

- HED 541 Nutrition and Physical Fitness  3
- HED 542 Chemical Dependence Education and Prevention  3
- HED 543 Human Sexuality  3
- HED 564 Health Education Methods \* (25 hours of fieldwork required)  3  
*(Pre-reqs include HED 558, and Two from HED 541, HED 542, HED 543, HED 570)*

### Phase III: Culminating Activity (9 credits)

- HED 570 Stress Management  3
- EDU 594 Teacher as Researcher  3
- HED 654 Health Education Student Teaching for Certified Teachers  3  
(grades K-12) (minimum of 50 student teaching contact hours)

**Total Credits 33**

### Non Credit Requirements (non credit requirements must be completed prior to student teaching)

- Reporting & Identifying Child Abuse and Maltreatment (online)  0
- School Violence Prevention Workshop (online)  0
- Current First Aid and CPR Certifications  0
- DASA Workshop (Training in Harassment, Bullying, Cyberbullying, and Discrimination in Schools: Prevention and Intervention)  0

**See Notes on reverse for important information**

**Notes:**

1. All probationary and/or provisional conditions must be satisfied before student teaching. All courses in this Program of Study must be completed prior to student teaching. In special circumstances, one course may be taken concurrently with student teaching with the approval of your Advisor.
2. A 3.0 GPA and matriculation are required.
3. **In addition to registering for student teaching, you must also complete an application. They are available in the main education office or online at <https://hub.sage.edu/wp-content/uploads/2016/08/sqs-student-teaching-application.pdf> and must be submitted to your advisor by the first week of the semester prior to student teaching.**
4. In addition to satisfying the requirements for the degree, teacher candidates must also:
  - apply for graduation through Student Services Office. (dates are listed in Course Schedule)
  - pass the NYS Teacher Certification Exams [www.nystce.nesinc.com/](http://www.nystce.nesinc.com/)
  - complete a criminal background check with fingerprinting, as required by New York State law;
  - apply on-line for New York State certification through the NYS Office of Teaching Initiatives. [www.highered.nysed.gov/tcert/](http://www.highered.nysed.gov/tcert/)
5. The School of Education requires all students to subscribe to LiveText, an Electronic portfolio system.

Student's Signature \_\_\_\_\_ Date \_\_\_\_\_

Advisor's Signature \_\_\_\_\_ Date: \_\_\_\_\_  
*Dr. John Pelizza*

Chairperson Signature \_\_\_\_\_ Date: \_\_\_\_\_  
*Dr. Laurae Coburn*

**Contact Information:**

School of Education  
The Sage Colleges  
65 First Street  
Troy, NY 12180

Advisor: Dr. John Pelizza  
Phone: (518) 244-2051  
E-mail: [pelizj@sage.edu](mailto:pelizj@sage.edu)  
Office Phone: (518) 244-2313