CHOOSING THE BEST COLLEGE MAJOR FOR YOU

DECISION MAKING PROCESS

1. SELF ASSESSMENT
   Self Reflection - Evaluate the following
   - Skills: what you are good at (people, data, or things)
   - Values: what is important to you
   - Interests: what you like doing
   - Personality: traits/qualities/interaction with others

2. RESEARCH
   - View major requirements & course descriptions in College Catalog
   - Talk with faculty & professionals in the field
   - Complete Career assessment(s), Focus2
   - Google: “What can I do with a major in __”
   - Search Indeed.com: jobs & position descriptions
   - Job shadowing/Informational interviewing
   - Take courses related to career interests
   - Attend campus speakers & local professional association events

3. MAKE A DECISION
   - Evaluate Pros & Cons of major programs and career interests with Academic Advising Office
   - Examine educational preparation needed, required major courses, typical work day, hidden job skills, career advancement, satisfaction, jobs available, salary, employment trends

   DECLARE MAJOR!
   - Recommended: be enrolled in new major program by the spring term of the sophomore year (or fall term of the junior year the latest)
   - Formulate an academic course plan and a career goal plan include completing at least one internship experience

4. FINALIZE PLANS
   Junior to Senior year:
   - JOB SEARCH
     - Identify prospective employers
     - Update resume & cover letter
     - Practice interviewing skills
     - Attend professional networking events
   - or GRADUATE SCHOOL
     - Identify 3-6 graduate schools
     - Prepare applications & essays
     - Take GRE or other needed exams

5. EMPLOYMENT
   - Learn new job role
   - Form a professional network
   - Pursue professional development training
   - Update career plan
   - Seek opportunities for advancement

Complete Degree!!

RSC CAMPUS RESOURCES

Office of Academic Advising, sage.edu/advising
   AEX advisors, Change of major, Course planning & Registration, Degree Requirements, Exploration resources

Office of Career Planning, sage.edu/student-life/career-planning/career-resources-for-students/
   Career counselors, Career research tools, Career assessment tests

Catalog, catalog.sage.edu/
   List of Major & Minor Programs, Major requirements, Degree requirements

Faculty, sage.edu/academics/schools/ (by School)
   Sage professors & Course instructors

Sage.edu, sage.edu/academics/
   Academic Department pages, Campus Offices, Events

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