## Russell Sage College Health Plan PPO Plan Benefit Summary

Group ID: 20020214

Group Name: Russell Sage College

Effective Date: 1/1/2025



	In-Network	Out-Network
Cost Sharing Information		
Deductible (Individual/Family)	Not Applicable	\$250/\$750 (EMBEDDED)
Out of Pocket Maximum (Individual/Family)	\$6350/\$12700 (EMBEDDED)	\$6350/\$12700 (EMBEDDED)
Dependent Coverage	Age 26 End of Month	Age 26 End of Month
Domestic Partner Coverage	Covered	Covered
Office Visits		
PCP	\$30 Copayment	Deductible then 20% Coinsurance
Specialist	\$50 Copayment	Deductible then 20% Coinsurance
Find Participating Providers at findadoc.cdphp.com		
Telemedicine		
Preferred Live Video Doctor Visits (Doctor on Demand, Foodsmart, MovN)	\$30 Copayment	Not Covered
Other Participating Telemedicine Providers (aptihealth)	\$30 Copayment	Not Covered
Telehealth services from a CDPHN Network provider (PCP/Specialist)	\$30 PCP/\$50 Specialist Copayment	Not Covered
Preventive and Well Care Services*		
Well Baby and Child Care including immunizations	Covered in Full	Deductible then 20% Coinsurance
Annual Adult Exam (One exam per plan year regardless 365 days have passed)	of if Covered in Full \$40	0 Copayment, \$100 max per calendar year
Mammography	Covered in Full	Deductible then 20% Coinsurance
Annual Pap Test and Ob/Gyn Exam	Covered in Full	Deductible then 20% Coinsurance
Prostate Cancer Screening	Covered in Full	Deductible then 20% Coinsurance
Bone Density Tests	\$50 Copayment	Deductible then 20% Coinsurance
*Cost sharing may apply to diagnostic care		
Retail Prescription Drugs		
Tier 1 Drugs	\$10 Copayment	Not Covered
Tier 2 Drugs	\$30 Copayment	Not Covered
Tier 3 Drugs	\$50 Copayment	Not Covered
Tier 4 – Specialty Medications	\$50 copayment after exhaustion of manufacturer copay assistan	nce Not Covered
Tier 5 – Specialty Medications	\$50 copayment after exhaustion of manufacturer copay assistan	nce Not Covered

Covers up to a 30-day supply (retail prescription); 90-day supply (mail order prescription). Mail order, 2.0 copayments for a 90-day supply. Prescriptions must be written by a duly licensed health care provider and filled at a participating pharmacy, unless otherwise authorized in advance by CDPHN. Specialty drugs are not eligible for the mail order program. This plan uses Formulary 5.

Hospital Services		
Inpatient Hospital (semi-private room, anesthesia, X-Ray, lab tests, etc)	\$300 Copayment	\$300 Copayment
Outpatient Surgery Facility	\$100 Copayment	Deductible then 20% Coinsurance

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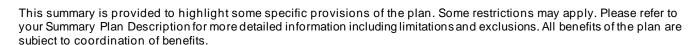
	In-Network	Out-Network
Maternity Services*		
Maternity - Routine Prenatal Care and Postnatal Care	330 Copayment (Covered in full after initial diagnosis)	Deductible then 20% Coinsurance
Maternity - Inpatient Hospital Services	\$300 Copayment	\$300 Copayment
Newborn Nursery	Covered in Full	\$100 Copayment
*Non-routine services may result in an additional cost share		
Emergency Care		
Worldwide Emergency Room Care (waived if admitted inpatient)	\$100 Copayment	\$100 Copayment
Ambulance	Covered in Full	Covered in Full
Urgent Care		
When seeking care within CDPHP's Service Area, a participating Urgent Care Center must be used.	\$50 Copayment	Deductible then 20% Coinsurance
Diagnostic Testing*		
Outpatient Hospital or Office Based Laboratory Services:  * Copayment waived if provider is a preferred laboratory.	\$50 Copayment	Deductible then 20% Coinsurance
Outpatient Hospital or Office Based Radiology and Imaging Services (X-ray, Ultrasound):  * Copayment waived if provider is a preferred center.	\$50 Copayment	Deductible then 20% Coinsurance
Outpatient Hospital or Office Based Advanced Imaging Services (MRI, CT Scan, PET Scan):  Diabetic Services	\$50 Copayment	Deductible then 20% Coinsurance
Insulin	30% Coinsurance (Up to a max of \$10)	Not Covered
Oral Medications		Not Covered
	30% Coinsurance (Up to a max of \$10)  Lesser of \$10 Copayment or 30% Coinsurance	Lesser of \$10 Copayment or 30% Coinsurance
Needles and Syringes  Diabetic DME (Insulin Pumps/Omni Pods, Glucose Monitors)	Lesser of \$10 Copayment or 30% Coinsurance	Lesser of \$10 Copayment or 30% Coinsurance
Behavioral Health Services		
Mental Health/Substance Use Inpatient Services	\$300 Copayment	Deductible then 20% Coinsurance
Mental Health/Substance Use Office-Based Services	\$30 Copayment	Deductible then 20% Coinsurance
Outpatient Rehabilitation/Habilitation Services		
Physical Therapy (120 days of short-term therapy for each spec	cific diagnosis) \$50 Copayment	Deductible then 20% Coinsurance
Speech Therapy (60 days per benefit period per diagnosis)	\$50 Copayment	Deductible then 20% Coinsurance
Occupational Therapy (60 days per benefit period per diagnosis		Deductible then 20% Coinsurance
Condition Support Services		
Home Health Care	Covered in Full	Deductible then 20% Coinsurance
Skilled Nursing Facility	Covered in Full	Deductible then 20% Coinsurance
Chemotherapy/Radiation Therapy visit	Covered in Full	Covered in Full
Prosthetic Devices and Durable Medical Equipment	20% Coinsurance	Deductible then 20% Coinsurance
Hearing Aids	Not Covered	Not Covered
Wellness Care		
Chiropractic Benefits (\$2,000 Calendar Year Maximum combin	ed INN/OON) \$50 Copayment	Deductible then 20% Coinsurance
Vision Exam	\$50 Copayment	Deductible then 20% Coinsurance
Vision Hardware	Not Covered	Not Covered
Acupuncture	\$50 Copayment	\$50 Copayment

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This plan is sponsored by Russell Sage College and administered by Capital District Physicians' Healthcare Network, Inc. While this material is believed to be accurate as of the print date, it is subject to change without notice. In case of a conflict between the plan documents and this information, the plan documents will govern.

## Questions?

CDPHN can answer questions and provide information about the benefits available under this plan. Just visit the Web site at www.cdphp.com or call (518) 641-3100 or 1-877-724-2579 from 8 a.m. to 5 p.m. Eastern Standard Time. The TTY